

# HOW TO STAY SAFE DURING A PROTEST OR ACTION

#WeKeepUsSafe

Things happen fast at a protest or action – it's important to be ready on the ground for what might come up.



## SITUATIONAL AWARENESS

Observe, Orient, Decide, and Act to come up with a plan of action to keep yourself and others safe.



## DE-ESCALATION

De-escalate yourself and your people in order to stay safe and grounded.



## EXIT STRATEGY

Always be aware and keep an eye out for exits in case you need to leave a dangerous situation.



## COVID SAFETY

Practice social distancing, wear a mask and sanitize your hands to keep your community safe.



## SENSES OPEN

Keep an eye and ear on the cops & other white supremacists to create a plan in real time in case there is violence.



## PROOF AND EVIDENCE

Document everything! Film, photograph, or write down police/white supremacist actions, brutality, and injuries.



## REGULAR CHECK-INS

Regularly check in with yourself and your buddy/team to support one another in the heat of the action.



## COMMUNITY CARE

Care for those around you, whether you know them or not. Care is an act of resistance.